



training solutions

GROUP LTD

# Training Solutions

## CKD COLLEGE ENRICHMENT COURSES BEAUTY BROCHURE

2023/2024





# About college training

Training Solutions are committed to the training and further education within colleges. We offer a number of short courses within colleges specifically tailored to enable the student to expand their knowledge and learn new techniques alongside superior products.

All our educators are fully qualified lecturers with extensive industry experience offering you the very best training available and the technical team at Training Solutions also offer continuing support by answering any queries you may have.

# Important information



- We require a minimum of 12 students and a maximum of 18 (see individual course for maximum students).
- All lecturers are taught free of charge with minimum of 12 students attended and not exceeding the maximum (does not include kit).
- All products are supplied for the duration of the course.
- Students will receive their online learning portal 7 days prior to the course which will house their digital manual, video tutorials and certificate.
- The learning portal can be accessed for one year.
- We can provide promotional branded posters which can be put on noticeboards or emailed out.

BEAUTY COURSES



## BEAUTY COURSES

# *Gellux Builder Gel & Gel Polish*

Learn how to strengthen, build and extend the natural nail with Gellux Builder Gels - ideal for adding strength and encouraging length to the natural nails. With the option to layer with Gellux gel polish for long lasting colour. Soak off removal with no damage.

Minimum students	Maximum students	Prerequisite to attend
12	18	Manicure trained

### KEY LEARNING

- Safe preparation of the natural nail for all Gellux applications
- Strengthen – repair, protect and prolong the natural nail
- Build – natural, strong & even gel overlays
- Extend – correct short, bitten, problem nails using Builder Gel growth programme
- Colour - customer colour applications (french & full colour)
- Maintenance/infills & aftercare





# *Gellux Nail Design*

This nail design fashion workshop is a must for all nail technicians and those looking to enhance their current Gel polish applications. Gellux experts will guide you through step by step application from the simplest to the most intricate designs and offer simple tricks of the trade to enable you to explore your own creativity!

Minimum students	Maximum students	Prerequisite to attend
12	18	Manicure trained

## KEY LEARNING

- Ombre Gellux application – inc French Twist Ombre
- One stroke Gellux flowers
- Gellux marbling
- Gellux leopard print creations
- Gellux freehand designs
- Glitter tips, embellishing with gems, Encapsulation & embedded art





# *Just Wax Intimate Waxing*

This is a Professional Waxing course for experienced waxing technicians, using Award Winning Salon System Multiflex Waxing product for those who want to master the art of the much sought after and fashionable Hollywood and Brazilian Waxing techniques.

Minimum students	Maximum students	Prerequisite to attend
12	18	Waxing trained

## KEY LEARNING

- Skin preparation & correct client positioning
- Intimate hot waxing procedure for underarm and bikini
- Unique Just wax Multiflex waxing procedure for Hollywood and Brazilian techniques





## BEAUTY COURSES

# *Marvelash Eyelash Extensions*

This interactive Award Winning course delivered by a Salon System brand Ambassador and lecturer of further education give you the skills and knowledge required to successfully perform a Marvelash eyelash extension service.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNING

- Eye area preparation
- How to thicken & lengthen the lashes using Marvelash
- Maintenance, rebalance & safe removal
- Aftercare advice and troubleshooting





## BEAUTY COURSES

# *Marvelbrow Sculpt, Colour and Correct*

Salon System's Marvelbrow is a unique system that corrects unruly, over-tweezed, greying, and misshapen brows. The concept combines a scientific approach to brow shaping with treatments to sculpt, define, lengthen, and thicken for a more natural, youthful appearance.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNINGS

- Client Face shape analysis – creating the perfect shape.
- How to Tint, Wax, Thread, Tweeze, Trim and Finish the brows.
- Creative Colour Tinting – how to blend and use Salon System tints to get the best for your client.





## BEAUTY COURSES

# *NEW Henna Brows with ProSpa*

Learn how to tint eyebrows using Henna by PROSPA. Henna stains the skin beneath the hairs, creating an illusion of depth and filling in any sparse areas to give a dramatic look to the brows without the use of chemicals to develop the colour. This increasingly popular treatment is quick and highly profitable.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNING

Brow Shaping - measure, mark and map out your clients shape

Brow Shaping - hair removal with wax, trim and tweeze techniques.

Application Procedure - correctly mix, apply and use the Henna Brow system.

Brow Tinting - enhance your clients new look.



## BEAUTY COURSES

# *NEW Salon System Lashlift, Browlift, Lamination & Tinting*

This interactive Award Winning course will take you through all the skills and knowledge required to successfully perform a Salon System Lashlift/Browlift Lamination & Tinting combined treatment. Learning how to curl/lift the lashes to create the illusion of Length and Volume along with 3 signature Brow Lamination techniques.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNING

- Eye/brow area preparation
- Lashcurl/Lashlift to create the illusion of length and volume
- Browlift Lamination to define the Brow area and frame the face
- Client treatment step by step tutorial videos





## BEAUTY COURSES

# *Eyebrow Threading & Shaping*

Ideal for complete beginners, this course focuses on how to achieve the perfect brow shape using the ancient art of Threading. Students will be shown and learn how to create the perfect shaped brow to suit the individual clients face shape and brow design.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNINGS

- Face shapes & defining the brows to best suit the client
- Client preparation and Aftercare
- Threading treatment procedure (neck and hand methods)





## BEAUTY COURSES

# *Facial Contouring & Eye Makeup*

Learn the modern techniques of facial contouring and highlighting. Enabling you to create perfectly proportioned features, as well as colour mixing and concealing. Learn expert tips and techniques to create the perfect smoky eye - for day and evening.

Minimum students	Maximum students	Prerequisite to attend
12	18	None

### KEY LEARNINGS

- Face mapping and structure (Understanding face shapes and bone structure)
- Highlighting, shading and contouring using powders and creams
- Master a variety of eye looks, including bridal, smokey and period flicks, plus lash application





# Facial Dermaplaning

Dermaplaning is a form of manual exfoliation meant to be performed primarily on the face. The treatment involves the use of a sterile surgical blade, or scalpel. This method removes the outermost layer of dead skin cells and hair, leaving the skin smooth and supple.

Minimum students	Maximum students	Prerequisite to attend
8	10	NVQ Level 3 (or working towards)

## KEY LEARNINGS

- Full understanding of the tools and equipment needed for Dermaplaning
- Skills and knowledge required to successfully perform a Dermaplaning treatment
- Health and safety knowledge specific to Dermaplaning





## BEAUTY COURSES

# *NEW Skinician Facial Peel*

Professional guidance on how to safely perform facial peel treatments using Skinician's Intensive Glycolic Peel and Ageless AHA Lactic Acid Peel to reduce wrinkles, fine lines, pigmentation to reveal a youthful resurfaced skin.

Minimum students	Maximum students	Prerequisite to attend
8	12	NVQ Level 3 (or working towards)

### KEY LEARNING

- A&P and SKINICIAN product recap
- SKINICIAN Glycolic Acid peel treatment
- SKINICIAN retailing, pricing and marketing facial resurfacing treatments





## BEAUTY COURSES

# *Hopi Ear Candle*

Thermal Auricular Therapy is a pleasant and non-invasive treatment of the ears, a natural ear cleansing technique that is a simple and safe method of removing excess wax, infections and residuals of past ear infections. The ear candle induces a revitalising heat upon the head and ears which soothes and relaxes.

Minimum students	Maximum students	Prerequisite to attend
12	18	Anatomy & Physiology required

### KEY LEARNING

- Client Consultation, contra-indications and client care
- Advantages of Thermal Auricular Therapy (Hopi candle)
- Candling procedure
- How to correctly diagnose the candle results
- Troubleshooting





## BEAUTY COURSES

# *Hot Stone Massage*

Update your massage treatment by adding the warming & relaxing benefits of Hot and Cold stones into your routine. A huge benefit to the therapist, is the ability to offer firm, deep tissue massages, that create less strain on your arms, hands and wrists.

Minimum students	Maximum students	Prerequisite to attend
12	18	Anatomy & Physiology and Body Massage required

### KEY LEARNINGS

- Introduction & History - Rock formation
- Benefits & Effects of Hot/Cold Stones
- Stones used & caring for stones
- Full Body Massage incorporating the use of Hot/Cold stones
- Introduction to Chakra balancing with crystals





## BEAUTY COURSES

# *Indian Head Massage*

This course provides an excellent introduction to the Indian Head Massage technique, an extremely popular treatment both in Hairdressing & Beauty Salons. A practical & hands on course to experience this relaxing & ancient treatment.

Minimum students	Maximum students	Prerequisite to attend
12	18	Anatomy & Physiology required

### KEY LEARNINGS

- Recap of Anatomy and physiology (head, neck, and shoulders)
- Introduction to Chakra Energy points
- Client Grounding/Protecting and Visualisation
- Scalp & Facial massage routine





## BEAUTY COURSES

# *Warm Bamboo Massage*

This course focuses on the use of warmed bamboo sticks to perform a full body massage which relaxes and realigns the muscles helping to melt away deep seated tension and creating a tranquil balance to the whole body.

Minimum students	Maximum students	Prerequisite to attend
12	18	Anatomy & Physiology and Body Massage

### KEY LEARNING

- History of Bamboo Massage
- Benefits of Bamboo Massage to the client and therapist
- The Bamboo Kit and sticks
- Practical Bamboo Massage Techniques and Full body Massage Routine.





# Summary

## How to book a course with Training Solutions



Contact Training Solutions at [info@uktraining-solutions.co.uk](mailto:info@uktraining-solutions.co.uk)



We will book in your dates, check student numbers and confirm what students need to bring along



You will need to forward your purchase order if the college is paying



7 days prior to the course, the students will get sent a welcome email and access to their online learning portal



The day of the course, the trainer arrives and delivers the course